

1800 HOWELL MILL ROAD | SUITE 700 | ATLANTA GEORGIA 30318



# Cancer Wellness

AT PIEDMONT

## *Coping with Cancer 101*

Is there a correct way to cope with cancer?

Is the sadness and worry I feel normal?

How do I figure out what type of support I need?

Join us for a NEW support seminar for those newly diagnosed with cancer. Explore different styles of coping and learn techniques for managing common feelings that come up after a cancer diagnosis. This seminar is geared towards those diagnosed with cancer in the last three months and their loved ones.

*Facilitated by Dr. Emma Stein, Clinical Psychologist*

March 13 & April 10  
2:00-3:30 pm

Registration is required; participants can attend one time

**Please call 404-425-7944**

**\*Sponsored by the Barber Breast Cancer Fund\***

For more information about programs and services,  
visit [piedmont.org/cancerwellness](http://piedmont.org/cancerwellness)